

ONE-DAY VISITS*

Price in UAH,
VAT included

	Mon.-Thurs.		Fri.-Sun., holidays	
	SPA zone visit **	Hamam ritual (SPA zone visit as a gift)	SPA zone visit **	Hamam ritual (SPA zone visit as a gift)
Adults	1800	3300	2200	3600
Children <i>(aged 3-12, accompanied by parents)</i>	500	-	650	-
Children <i>(aged 3-12, accompanied by parents)</i>	<i>free of charge</i>	-	<i>free of charge</i>	-
“Family” <i>(2 adults + 1 child)</i>	3850	-	4650	-
Plus one child to “Family” package	300	-	400	-
For adults accommodating in the Hotel	1400	3300	1800	3600
For children accommodating in the Hotel	300	-	400	-
Infinity pool <i>(for adults only)</i>	1200	-	1800	-

The price is inclusive of access to the aqua bath complex, the gym and group fitness training according to schedule ** and holidays

*** In case of individual procedures, access to the Hamam may be limited

**** The rate applies after the child reaches 3 years of age

If your order of SPA procedures exceeds UAH 4000, you may visit the aqua zone free-of-charge on the day of your procedures

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

PASSES

<i>1 month pass to the SPA zone</i>	<i>Visiting days</i>	<i>Services</i>	<i>Price in UAH, VAT included</i>
Wellness Unlimited	<i>Mon - Sun</i>	<i>swimming pool, baths, gym, fitness training in a group, salt room - 4 sessions, bioelectrical impedance analysis, consultation by SPA doctor</i>	11000
Wellness Weekday	<i>Mon - Thurs</i>	<i>swimming pool, baths, gym, fitness training in a group, bioelectrical impedance analysis, consultation by SPA doctor</i>	7200
Children <i>under 3 years of age, accompanied by parents</i>	<i>Mon - Sun</i>	<i>swimming pool</i>	<i>free of charge</i>
Children <i>aged 3-12, accompanied by parents</i>	<i>Mon - Sun</i>	<i>swimming pool, baths</i>	3500
Family <i>2 adults + 1 child</i>	<i>Mon - Sun</i>	<i>swimming pool, baths, gym, fitness training in a group, salt room - 4 sessions, bioelectrical impedance analysis, 2 consultations by SPA doctor</i>	22000

* Freezing is possible for no more than 1 month

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

CLUB CARDS*

	<i>Price in UAH, VAT included</i>
Admiral Spa 6 months <i>Mon.-Thurs.</i>	25000
Admiral Spa 12 months <i>Mon.-Thurs.</i>	42000
Admiral Spa 6 months	35000
Admiral Spa 12 months	55000
Admiral Kid 6 months	8000
Admiral Kid 12 months	14000
Admiral Premium Spa 6 months	50000
Admiral Premium Spa 12 months	80000

WELLNESS

	<i>Time</i>	<i>Price in UAH, VAT included</i>
Consultation by SPA nutritionist, making of a diet program and consultations in messengers during 1 month	60	2000
Bioimpedance analysis <i>(Wellness test to determine body composition)</i>	60	1000
Non-contact blood test <i>covering 131 indicators with consultation and recommendations by SPA doctor</i>	60	3000
Cardiogram	30	300
Salt room	30	250
Pass for 10 sessions in the salt room	30	2000

** Buy 2 or more Cards and get 10% discount on the second and subsequent cards for adults

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

FITNESS

		Price in UAH, VAT included	
	Time, min	for Club Card owners	for non-residents of the Club
One non-recurrent visit <i>to the gym and fitness training in a group</i>		<i>included to the club card</i>	400
Pass for 12 visits <i>to the gym and fitness trainings in a group</i>		<i>included to the club card</i>	4400
Personal training, adults	60	600	750
Clip card for 10 trainings, adults *		5400	6750
Split training <i>for two persons, adults</i>	60	900	1250
Split card for 10 trainings, adults*		8100	11250
Personal training, children	60	500	650
Clip card for 10 trainings, children *		4500	5850
Split training <i>for two persons, children</i>	60	750	1050
Split card for 10 trainings <i>for two persons, children*</i>		6750	9450
Guest visit <i>for an accompanying adult</i>	60	<i>included to the club card</i>	400

* Fitness Cards are valid for the period not exceeding 3 months from the activation date

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA FOR TWO

Price in UAH,
VAT included

Premier Dead Sea 180 min

With refreshing and healing aromas of Dead Sea minerals and salt

Warming up in the individual steam room

For two:

Peeling under Vichy shower Salt+Herbs

Balneocompress for the whole body Salt+Mud

Active carbon Detox facial mask with skin lifting and nutrition effect

Body massage with heated stones

Tea with mini-desserts

8000
for two persons

Balinese 180 min

With aromas of fresh fruit and tender yogurt

Warming up in the individual steam room

For two:

Aroma body peeling Indo-Ocean under Vichy shower

Mandala sensual massage

Fruit - and yogurt-based nourishing body wrapping

Yogurt -based face care

Prosecco (375 ml)

Tea with mini-desserts

7500
for two persons

Arctic 180 min

Soothing warmth and invigorating cold.

With aroma of fresh snow, hints of Hyacinth and white Jasmine & Magnolia flowers

For two:

Arctic' hydro massage bath

Arctic' body peeling

Arctic' body and head massage using glass balls with Arctic water

Arctic' face massage

Prosecco (375 ml)

Tea with mini-desserts

7500
for two persons

Sahara Dream 180 min

With aromas of sea freshness, Shea and Argan oils

Warming up in the individual steam room

For two:

Aroma body peeling Sahara under Vichy shower

Deep, tension relieving Sahara Dream massage originating from the Berber traditions

SPA foot care

Tea with mini-desserts

7000
for two persons

Zanzibar 180 min

with exotic fruit and vanilla aromas

Warming up in the individual steam room

For two:

Aroma body peeling Citrus under Vichy shower

Relaxing body massage with Zanzibar aromatic oil

Relaxing face massage

Tea with mini-desserts

7000
for two persons

The procedures may be replaced at the Guest's request with the procedures of the same price
After ordering SPA For Two, you may visit the SPA zone free-of-charge. We advise that you visit the SPA zone 1-2 hours before the procedures begin.

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA FOR HIM

We recommend that you warm up your body in the steam room and swim in the Aqua zone starting the procedures

Price in UAH, VAT included

	Time, min	Basic program	plus face express care
SPA RITUAL			
Strong Man <i>warm shower, body aroma scrubbing, relaxing balneocompress Salt+Mud whole body, Strong body massage, Relax tea</i> <i>Express face care recommende</i>	150	3600	4400
SPA HAMMAM RITUALS			
Turkish SPA Ritual <i>warming, Kese glove peeling, soap massage, contrast procedures, body moisturizing, tea</i>	120	Mon.-Thurs. 3300/ Fri.-Sun. 3600	
Moroccan SPA Ritual <i>warming, application of Beldy black soap, Kese glove peeling, Rhassoul clay wrapping, scalp and hair washing and massage, body massage, tea</i>	150	Mon.-Thurs. 3600/ Fri.-Sun. 3800	
Kese glove peeling	45	1100/1250	
Soap massage	60	1500/1650	
PEELINGS			
Aroma peeling <i>(please choose)</i>	30	800	
Peeling under Vichy shower	30	1200	
Body moisturizing <i>with body milk/gel aloe vera</i>	20	600	
MASSAGES:			
Classic massage <i>(tonifying, relaxing)</i>	30	700	
	60	1100	
	90	1600	
Strong massage <i>(deep work with muscles)</i>	60	1600	
	90	2000	
Anti-Stress scalp massage	30	700	
Foot massage	30	700	

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA FOR HIM

FACE SKIN CARE::

(These procedures have been developed with a specific focus on male skin needs, including when it becomes sensitive and irritated after shaving. Active ingredients ensure deep cleansing and stimulation of the skin and tonify it removing the signs of fatigue and stress)

	Time, min	Price in UAH, VAT included
AGELESS AQUAPEEL (USA)		
<i>Equipment-based technique of skin cleansing, moisturizing and rejuvenation:</i>		
Ageless Aquapeel cleansing and moisturizing express care	30	1800
Ageless Aquapeel basic cleansing care	60	2500
Ageless Aquapeel rejuvenating care	60	3300
OXYjet (Germany)		
<i>Equipment-based technique of non-injection oxygen therapy, rejuvenation and health improvement.</i>		
<i>In one procedure: deep cleansing and tonification, lifting, oxygen therapy and oxygen massage, oxygen cryotherapy, pure oxygen inhalations (97%).</i>		
OXYjet Cleansing and oxygen express care		
OXYjet Rejuvenation care	30	1800
	90	3300
Luxury care based on low molecular platinum. Forlle'd.		
<i>It slows down the main mechanisms of aging, has a powerful antioxidant effect and ensures restoration of damaged cellular structures. Recommended for skin exposed to stress and losing its tone and elasticity</i>		
	75	3300
3D face contouring. Forlle'd		
<i>Non-invasive 3D technique of skin rejuvenation. Active components work on the skin in its three-dimensional structure: the skin becomes firmer, hydrated and more elastic</i>		
	75	3300
Luxury care Carboxytherapy. Forlle'd		
<i>The procedure is based on the principle of stress therapy (a shortage of oxygen arises in the tissues due to excessive carbon), in response to which the skin accumulates its potential, wakes up and starts the mechanism of recovery and oxygen saturation</i>		
	75	3300
Skin balance control care Yon-Ka		
<i>Cleansing and revitalizing care for acne prone skin for all ages. Regulates sebum, cleanses and evens skin color. Stimulates skin renewal. Soothes and softens, normalizes skin pH</i>		
	60	2500
Alpha-Vital skin care with alpha-acids Yon-Ka		
<i>Gives the skin instant freshness, smoothness and radiance owing to the refreshing action of fruit acid.</i>		
	60	3300
Sea Hyaluronic moisturizing program Thalgo		
<i>Intensive skin moisturizing and firmness, the skin looks saturated and fresh</i>		
	60	3300

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA RITUALS

DETOX AND BODY SCULPTING*

One-day health and pleasure programs. We recommend that you warm up your body in the steam room and swim in the Aqua zone before starting the procedures

Procedures	Time, min	Price in UAH, VAT included	
		Basic program	plus express care for face/hair**
Sea Algae Drainage <i>Peeling under Vichy shower, cooling algae gel-based wrapping, lymph drainage body massage, 'Detox' drink. Express face care is recommended</i>	150	3600	4400
Sea Algae Detox <i>Warm shower, sea peeling, algae wrapping, lymph drainage body massage, 'Detox' drink. Express face care is recommended</i>	150	3600	4400
Salt and Mud Balneotherapy <i>Warming up in the salt room, Detox drink, peeling under Vichy shower salt+algae, balneocompress salt + mud back/whole body, back/body massage with heated stones. Mud face mask with herbal extracts and healing oils recommended</i>	150	back -2800 /body- 3600	3600/ 4400
Ideal Shape <i>Warm shower, sea peeling, underwater massage shower, manual sculpting massage-30 min, equipment-based massage Vela Shape 2- 30 min, Detox' drink. Express face care is recommended. Optimal course is 4-6 procedures</i>	150	3600	4400
Activ Slim <i>Underwater massage shower, algae wrapping, equipment-based body sculpting massage Cellutec combined with manual massage, 'Detox' drink. Express face care is recommended</i>	180	3600	4400
Lifting Therapy <i>Warm shower, 'Detox' drink, body peeling Arctic, lifting wrapping with clay, algae and collagen, lifting body massage with mask, sculpting massage of problem areas with moisturizing lotion and Aloe Vera gel. Express face care is recommended</i>	150	3600	4400

* We recommend you to consult with SPA doctor before starting the procedure.

** Express care means a short version of the procedure

If your order of SPA procedures exceeds UAH 4000, you may visit the aqua zone free-of-charge on the day of your procedures

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA RITUALS

CARE AND RELAX

One-day health and pleasure programs. We recommend that you warm up your body in the steam room and swim in the Aqua zone before starting the procedures

Procedures	time, min	Price in UAH, VAT included	
		Basic pro- gram	plus express care for face*/hair**
Ireland <i>Amazing Arctic' hydro massage aroma bath with sea salt and Irish moss; body peeling with sea salt and algae; relax body and scalp massage using glass balls with Arctic water; nourishing wrapping 'Sea Cream', 'Relax' drink</i> <i>Express face care is recommended</i>	180	3600	4400
Bora-Bora <i>Warm shower, 'Polynesia' body peeling with vanilla and coconut aroma, 'Lagoon Waters' hydro massage aroma bath, Polynesian massage with small bags filled with Bora-Bora sand, silk cream wrapping, 'Relax' drink.</i> <i>Express face care is recommended</i>	180	3600	4400
Tanzania <i>Citrus peeling under Vichy shower with sea salt, Zanzibar body, scalp and face relax massage, 'Relax' drink</i> <i>Hairstyling is recommended</i>	150	3200	3850**
Mandala <i>Body peeling Indo-Ocean under Vichy shower, yogurt - and fruit -based wrapping, Mandala massage, 'Relax' drink</i> <i>Express face care is recommended</i>	150	3600	4400
Kerala <i>Mandala massage, Kerala energy face and scalp massage, 'Relax' drink</i> <i>Hairstyling is recommended</i>	150	3000	3650**
Beauty Mama <i>Warm shower, tender skin peeling, soft and caring massage, skin care with Beauty Mama cream, yogurt-based face care, 'Relax' drink</i> <i>Hairstyling is recommended</i>	120	3400	4050**

* Express care means a short version of the procedure

** The price depends on the hair length

If your order of SPA procedures exceeds UAH 4000, you may visit the aqua zone free-of-charge on the day of your procedures

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA BODY CARE

SPA HAMMAM RITUALS

Price in UAH, VAT included

	Time, min	Mon.- Thurs.	Fri.- Sun.
Turkish SPA Ritual <i>warming, Kese glove peeling, soap massage, contrast procedures, body moisturizing, tea)</i>	120	3300	3600
Moroccan SPA Ritual <i>warming, application of Beldy black soap, Kese glove peeling, Rhassoul clay wrapping, scalp and hair washing and massage, body massage with nourishing Shea butter, tea</i>	150	3600	3800
Premier SPA Ritual <i>warming, Kese glove peeling with Dead Sea Minerals gel, balneocompress for the whole body Salt+Mud, Mud face mask with herbs and healing oils during wrapping, scalp and hair washing and massage, Fusion body massage with moisturizing lotion, tea</i>	150	3800	4000
Kese glove peeling	45	1100	1250
Soap massage	60	1500	1650
Additional options:			
Skin PH measurement before and after the procedures	30	150	150
Foot and scalp massage	30	700	700
Express face skin care <i>with mask of white clay and honey</i>	20	800	800

HYDRO PROCEDURES

	Time, min	Price in UAH, VAT included
Aroma bath <i>with Dead sea salt</i>	30	600
Underwater massage shower	45	1000
Hydro procedure <i>underwater massage shower followed by an aroma bath</i>	60	1100

PEELINGS

Aroma peeling <i>(please choose)</i>	30	800
Peeling under Vichy shower	30	1200
Body moisturizing <i>with body milk/ aloe vera gel</i>	20	600

WRAPPING

Algae, Rhassoul Clay, Mud with Aloe Vera, Silk nourishing and moisturizing, yogurt-based nourishing and moisturizing	45	1500
---	----	-------------

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA BODY CARE

CLASSIC MASSAGES

We recommend that before the massage procedure you warm up your body in the steam room and make skin peeling

	<i>procedure time, min</i>	<i>Price in UAH, VAT included</i>
Classic massage <i>tonifying, relaxing</i>	30	700
	60	1100
	90	1600
Classic massage <i>moisturizing with Premier SPA cream</i>	60	1500
	90	2000
Strong massage <i>deep work with muscles; body shaping</i>	60	1500
	90	2000
Anti-Stress scalp massage	30	700
Foot massage	30	700
Massage for children <i>for children aged from 3 to 12</i>	30	700

BODY SHAPING MASSAGES*

We recommend that before the massage procedure you warm up your body in the steam room and make skin peeling

Lymph drainage massage <i>Soft undulation massage improving metabolic processes of the body and helping to eliminate toxins, remove edema and relax muscles. It is recommended as a start massage in the body shaping course and in case of liquid retention in body tissues</i>	60	1100
Modeling massage <i>Intensive massage to shape the figure, which promotes active lymphatic drainage, improves metabolism and activates the breakdown of fat cells, improves skin tone</i>	60	1600
Equipment-based body sculpting treatment Cellutec (France) <i>Vibration massage combined with contrast body shaping lotions improves tissue blood circulation, facilitates the lymphatic drainage effect and skin tonicity improvement. A course of procedures is recommended. Prescribed individually</i>	30	800
	60	1500
Equipment-based body sculpting treatment Vela Shape 2 (Israel) <i>Effective techniques combined in one massage session: vacuum roller massage, infrared tissue warming and radiofrequency skin lifting allows achieving impressive results in 6-8 sessions</i>	60	2000

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA BODY CARE

procedure Price in UAH,
time, min VAT included

SPA MESSAGES

We recommend that before the massage procedure you warm up your body in the steam room and make skin peeling

Fusion massage

This technique combines elements of Thai, Swedish, Chinese, and European massage. Improves overall health and mobility of joints

90

1600

Sahara Dream massage

Massage from Berber traditions. Slow, long and deep movements with warm Shea and Argan oils soothe and harmonize the mind.

90

1600

Stone massage

Deep relax and warming of body tissues with heated basalt stones

90

1800

Aroma relax massage with oil candle

Relaxing movements of the massage master and delightful aromas will lead to complete physical and mental relaxation

90

1800

Mandala massage, 2 hands

Deep and smooth relaxing massage. The massage method combines elements of the following techniques: Ayurvedic (Abhyanga), classical Russian and traditional Thai. Classical massage techniques and massage techniques of national schools are combined on a physiologically justified basis

90

1600

Mandala massage, 4 hands

The massage is made by two masters simultaneously and asymmetrically)

60

2400

Polynesia massage

Relaxing massage with Monoi oil and warm small bags filled with Bora-Bora sand

90

1800

Beauty Mama massage

Tender caring massage allows relieving tension, removing edema and enjoying deep relaxation. During and after pregnancy and for women in the period of hormonal changes

90

1800

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

FACE CARE

Soft Plus computer diagnostics of face skin, scalp and hair based on main indicators**	-	800
--	---	-----

EQUIPMENT-BASED TREATMENTS

AGELESS AQUAPEEL (USA)

Equipment-based technique of skin cleansing, moisturizing and rejuvenation:

Ageless Aquapeel cleansing and moisturizing express care	30	1800
Ageless Aquapeel basic cleansing care	60	2500
Ageless Aquapeel rejuvenating care	60	3300

OXYjet (Germany)

Equipment-based technique of non-injection oxygen therapy, rejuvenation and health improvement.

In one procedure: deep cleansing and tonification, lifting, oxygen therapy and oxygen massage, oxygen cryotherapy, pure oxygen inhalations (97%).

OXYjet Cleansing and oxygen express care	30	1800
OXYjet Rejuvenation care	90	3300

SPECIFIC TREATMENTS

Skin care for special needs.

All treatments include a facial massage.

Skin balance control care *Yon-Ka*

Cleansing and revitalizing care for acne prone skin for all ages. Regulates sebum, cleanses and evens skin color. Stimulates skin renewal. Soothes and softens, normalizes skin pH

60 2500

Face care for dry and sensitive skin *Thalgo*

Skin cleansing, moisturizing and nourishing. The unique formula of preparations based on algae oil and sea wax saturates the skin with necessary elements, soothes it, brings back softness and comfort restoring the skin water-lipid balance

60 3000

Skin care with Alpha-acids *Yon-Ka*

Gives the skin instant freshness, smoothness and radiance owing to the refreshing action of fruit acids and an alginate mask with lifting effect

75 3300

* Each skin care includes face massage

** Order the procedure and get skin computer diagnostics by one indicator as a gift

*** Express care means a short version of the procedure

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

FACE CARE*

NUTRITION, MOISTURIZING AND ANTI-AGE CARE

These procedures are aimed at stimulating skin cells to natural rejuvenation, improving face muscle tonus, face contouring, production of collagen and elastin fibers, making the skin firm and improving skin texture

	Procedure time, min	Price in UAH, VAT includ- ed
Treasures of the Oceans Ritual <i>Thalgo</i> <i>Relaxing and tonifying massage with elements of the Korean technique, Indian scalp massage and KoBiDo Japanese massage combined with innovative sea formulas of serum and oxygen mask, as a result, ensure rejuvenation, beauty and regained strength. Synthesis of own body collagen is stimulated</i>	90	3000
Sea Hyaluronic moisturizing program <i>Thalgo</i> <i>Intensive skin moisturizing and firmness, the skin looks saturated and fresh</i>	75	3300
Sea Silicon skin firming program <i>Thalgo</i> <i>Efficient massage and Silicon based preparations activate the synthesis of collagen, elastin and hyaluronic acid</i>	60	3300
Luxury care 3D face contouring. <i>Forlle'd</i> . <i>Non-invasive 3D technique of skin rejuvenation. Active components work on the skin in its three-dimensional structure: the skin becomes firmer, hydrated and more elastic.</i>	75	3300
Luxury care Carboxytherapy. <i>Forlle'd</i> <i>The procedure is based on the principle of stress therapy (shortage of oxygen arises in the tissues due to excessive carbon), in response to which the skin accumulates its potential, wakes up and starts the mechanism of recovery and oxygen saturation</i>	75	3300
Luxury care 3D face contouring. <i>Forlle'd</i> . <i>Non-invasive 3D technique of skin rejuvenation. Active components work on the skin in its three-dimensional structure: the skin becomes firmer, hydrated and more elastic</i>	75	3300
Luxury care Time Resist. <i>Yon-Ka</i> <i>Efficient Anti-Age care combining active manual massage and preparations containing "youth activator" - peeling with high concentration of acids to enhance cell renewal, alginate aroma mask with fast and long-lasting lifting effect</i>	75	3300

* Each skin care includes face massage

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

FACE CARE

EXPRESS-CARE*

The procedures are aimed at moisturizing and tonifying the skin, improving its tone. Help maintain skin health

Procedure time, min Price in UAH, VAT included

French massage <i>Yon-Ka</i>	30	700
Absolute Skin Shine <i>Thalgo</i>	30	800
Strawberry and Yogurt care <i>Gerards</i>	30	800
“Aroma pause” express care <i>Yon-Ka</i>	30	800
Nourishing express care <i>Thalgo</i>	30	800
Cleansing express care <i>Yon-Ka</i>	30	800
Skin biostimulation with light and pure oxygen BIO2Light <i>Waves in the spectrum of four colors are used - blue, green, orange and red. The wave length and spectrum are selected on an individual basis. The procedure improves blood circulation, metabolism, soothes the skin and activates the immune system. The best way to complete any procedure</i>	20 min	500

* Each skin care includes face massage

* Express care means a short version of the procedure

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

EQUIPMENT-BASED COSMETOLOGICAL*

	Procedure time, min	Price in UAH, VAT included
<p>Equipment-based technique of non-surgical liposuction Ultrashape (Israel)</p> <p><i>The device used is certified by CE and FDA. The procedure is comfortable, does not require anesthesia, and takes about 40 minutes.</i></p> <p><i>The UltraShape system generates pulsed and focused ultrasound for mechanical (not thermal) and selective destruction of fat cells at a specific point of the subcutaneous fat tissue, without damaging the skin, blood vessels, nerves, and connective tissue.</i></p> <p><i>Visible results after the first procedure (circumference reduction by 3-5 cm). With a balanced diet, the course includes up to 3 procedures. It does not require any medical support after the procedure.</i></p> <p><i>The procedure requires from 400 to 700 pulses;</i></p> <p><i>The procedure is prescribed and made by an SPA doctor</i></p>	40	UAH 14/ 1 pulse
<p>Equipment-based body sculpting treatment Vela Shape 2 (Israel)</p> <p><i>The device used is certified by CE and FDA (vacuum roller massage, infrared tissue warming and radiofrequency skin lifting)</i></p> <p>Demonstrational procedure <i>(one of the following zones: buttocks, hips, belly)</i></p> <p>face contour</p> <p>arms (triceps)</p> <p>belly + buttocks + hips</p> <p>belly + buttocks + hips + arms</p> <p>buttocks + hips</p> <p>belly, full</p> <p>buttocks</p> <p>hips</p> <p>shins</p> <p>back, full</p>	15	400
	15	500
	20	500
	60	2000
	80	2300
	45	1500
	30	800
	30	800
	30	900
	20	600
	30	900
<p>Equipment-based body sculpting treatment Cellutec (France)</p> <p><i>Vibration body massage combined with contrast body shaping lotions improves tissue blood circulation, facilitates the lymphatic drainage effect and skin tonicity improvement. The pressure and vibrational movement created by the applicator act in different directions and create a resonance in tissue layers. This therapy is successfully used for therapeutic and preventive purposes, in particular, for rehabilitation of athletes and relieving of muscle pain</i></p> <p>zonal body vibration massage</p> <p>full body vibration massage</p> <p>vibration massage of the head</p>	30	800
	60	1500
	15	300
<p>Pressure Therapy Pulstar PSX (France)</p> <p><i>Venous and lymph drainage helps remove excess fluid and get rid of edema, removes wastes and toxins, restores water balance, normalizes the state of intercellular fluid, normalizes the gastrointestinal tract functioning, and ensures a positive effect on the emotional state</i></p>	30	500

* Procedures are prescribed after consultation with an SPA doctor
This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

BEAUTY

WE WORK WITH JOICO, TECNA, KERAPLANT

HAIRDRESSING SERVICES

SPA RITUALS FOR SCALP AND HAIR REPAIR

(INCLUDING HAIR STYLING)

Price in UAH,
VAT included

	Proce- dure time, min	length 1	2 length	3 length	4 length	5 length
SPA repair of damaged hair Joico (Joico)	90	700	1200	1750	1950	2300
SPA hair enzymotherapy Tecna (Tecna)	90	700	1200	1750	1950	2300

HEALTH IMPROVING CARES KERAPLANT NATURE

Oily skin	90	700	1100	1300	1500	1800
Oily dandruff	90	700	1100	1300	1500	1800
Dry dandruff	90	700	1100	1300	1500	1800
Sensitive scalp	90	700	1100	1300	1500	1800
Hair loss	90	700	1100	1300	1500	1800

SERVICES FOR MEN

Haircut	40	600	-	-	-	-
Hair styling	30	200	-	-	-	-
Beard and moustache cut	30	200	-	-	-	-

SERVICES FOR WOMEN

Haircut with hair styling	60-90	650	850	1050	1300	1600
Hair styling	30-60	400	650	850	1100	1400
Fringe cut	15	200	-	-	-	-

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

BEAUTY

HAND CARE PROCEDURES

	<i>Procedure time, min</i>	<i>Price in UAH, VAT included</i>
Women's manicure <i>(classic; European; equipment-based)</i>	60	450
Men's manicure	60	550
Children's manicure	30	350
SPA care	30	450
Nail restoration system	15	400
Nail polishing with colorless base	10	100
Nail polishing with nail polish	15	300
Hand paraffinotherapy	30	450
Nail polishing with gel polish	60	500
Nail polishing with French gel polish	60	550
Gel polish removal	15	200

FOOT CARE PROCEDURES

Women's pedicure	90	850
Men's pedicure	90	950
Children's pedicure	40	600
SPA care	60	600

EQUIPMENT-BASED PEDICURE WITH

THE USE OF GERMAN COSMETICS SUDA

Equipment-based women's pedicure	90	1200
Equipment-based men's pedicure	90	1350

ADDITIONAL SERVICES

Foot massage	10	250
Ingrown toenail treatment		300
Root corn removal		300
Treatment of cracks, 1st complexity		400
Treatment of cracks, 2nd complexity		600

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

BEAUTY

DEPILATION

	<i>Procedure time, min</i>	<i>Price in UAH, VAT included</i>
Deep bikini	60	1200
Bikini	40	800
Legs below knee	15	500
Legs full	30	800
Arms below elbow	15	300
Arms full	20	500
Upper lip, chin	10	200
Armpits	15	300
Back	20	500

EYEBROWS AND EYELASHES

Eyebrow correction	20	250
Eyebrow contouring	40	300
Eyebrow dyeing	15	200
Eyelash dyeing	15	200

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

PROCEDURES FOR CHILDREN AND TEENAGERS

(AGED 7 - 12)

<i>Procedures</i>	<i>Procedure time, min</i>	<i>Price in UAH, VAT included</i>
Body massage	30	700
Hydro massage aroma bath	30	600
Chocolate wrapping	30	1100
Strawberry and yogurt wrapping	30	1100
Face care <i>(skin cleansing and tonifying, nourishing mask with yogurt, light face massage)</i>	30	800
Children's manicure <i>(aroma bath, nail care, moisturizing cream and hand massage)</i>	30	350
Children's pedicure <i>(aroma bath, nail care, moisturizing cream and foot massage)</i>	40	600

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA-ETIQUETTE

Welcome to the best Wellness & SPA in Ukraine according to the International World Luxury Awards.

We are committed to creating the atmosphere of relaxation and quietness for you.

- *Please respect other guests and their right to privacy and quietness.*
- *We kindly ask you not to use mobile phones, electronic devices and other noisy devices in the SPA zone.*
- *Smoking in the Wellness & SPA is prohibited. You may smoke only in the place specifically designated for this: on the open-air terrace of the aqua zone.*
- *Please fill in the registration form at the Wellness & SPA reception. Your signature on it indicates that you agree to the rules of visiting Wellness & SPA.*
- *If you are not accommodating at the hotel, please fill in the registration form each visit.*
- *For your convenience, you will be allocated individual lockers in the men's and women's locker rooms, where you will also find a towel, a sheet, a bathrobe, and a cap.*
- *Please do not leave valuable things in your lockers. We are not responsible for their safekeeping, and we recommend leaving them in the depositories at the Wellness & SPA reception.*
- *We recommend that you do not wear jewelry during your visit. This creates inconvenience when visiting baths, saunas and procedures, and also makes you worry about their safety.*
- *We do not allocate an individual locker in the locker room to children aged under 12 years.*
- *If a child aged 3 years and above and the adult accompanying him or her are of different gender, we allocate a locker in the children's room or a locker in the adult locker room, where the child is accompanied by an administrator.*
- *You may visit the aqua zone only in a bathing suit. We recommend that you bring a change of shoes for your visit. If you do not have them, we will offer you disposable change of shoes.*
- *Only guests with a change of shoes are allowed to the gym, the fitness room, the aqua zone and the bath complex.*
- *Persons under 16 years of age may visit Wellness & SPA only if accompanied by an adult.*
- *Please do not leave your children unattended and do not allow them to disturb the atmosphere of quietness and relaxation.*
- *Be careful in the aqua zone: be there only in a change of shoes, because the floor may be slippery; do not touch hot parts in baths and saunas to avoid burns; do not dive or jump from the sides of the pool.*
- *Please note that the Hammam may be reserved for individual treatments and, therefore, it may be unavailable for public use for some time; this will be indicated by the sign plate on the door handle.*
- *Visit the Wellness bar which offers a healthy and diverse menu. Please do not eat or drink in other areas of the aqua zone.*

SPA procedures

- *When booking the procedures, please inform us about your physical condition, any health problems, pregnancy, and also if you are followed up by a doctor. Having this information, we will be able to offer you the procedures which meet your needs and health, because some of them may be contraindicated for you.*

This booklet is an advertising product. If necessary, ask the administrator to give you the original menu.

The service price is inclusive of 5% Club service

The prices apply starting from 01.03.2021

Aqua zone: Monday: 03.00 p.m.-11.00 p.m., Tuesday-Sunday 9.00 a.m.-11.00 p.m.

Gym: every day: 09.00 a.m.-11.00 p.m. **SPA procedures:** every day 9.00 a.m. -09.00 p.m.

SPA-ETIQUETTE

Arrival to Wellness & SPA

- *For your convenience, we recommend that you arrive 15 minutes before the scheduled procedure, so that you have time to change your clothes and fill in a medical questionnaire.*
- *Being late may reduce the procedure time and, as a result, have an effect on the efficiency and your mood.*
- *All procedures should be completed on time so as not to cause inconvenience or delay to the next guest.*
- *We recommend that you visit our SPA doctor before the procedure to assess your health status, to make the Wellness test, and for*

During the procedure

- *We recommend taking a shower before the procedure so that your skin can better absorb beneficial components of SPA cosmetics. You will find a mini set of cosmetic products for taking a shower in personal lockers in the locker rooms on Floor 2.*
- *For your comfort, we recommend wearing disposable underwear, which is also available in personal lockers. It is prohibited to undergo the procedures without any underwear.*
- *If you have any gender preferences in choosing SPA specialists, please inform us about this when you book the procedure, so that the reception staff may take this into account beforehand.*
- *Tell the SPA specialist about your preferences concerning the procedure: strength of impact, avoiding certain areas, volume of music, and intensity of light.*
- *If you experience any discomfort during the procedure, be sure to tell the specialist about it.*

After the procedure

- *We recommend that you take your time: you will be invited to the recreation room where you may drink water or herbal tea and relax.*

How to cancel your booking

- *If you want to cancel or reschedule a procedure, please let us know at least 4 hours before the scheduled time to avoid paying 100% for the scheduled procedure or personal training.*
- *Your bank card details or the security deposit will guarantee your booking.*